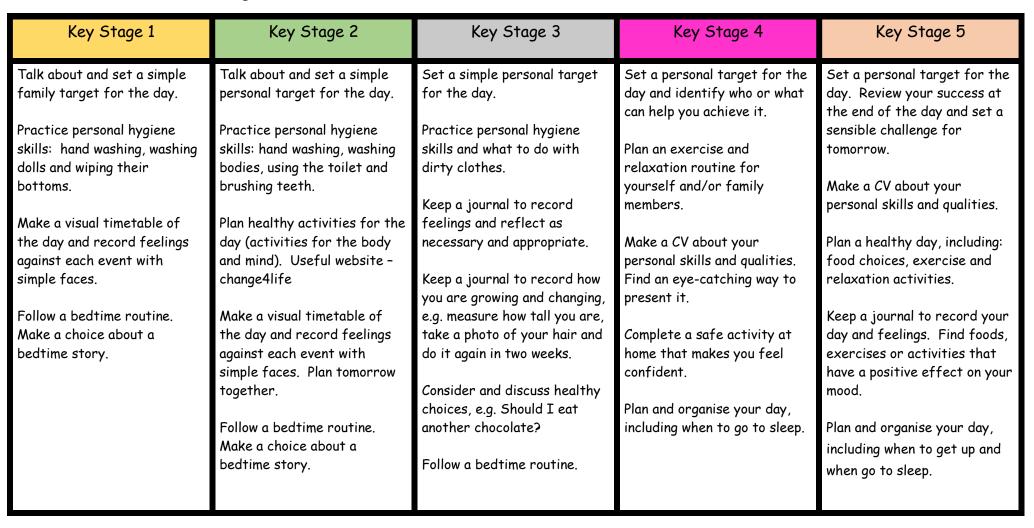
PSHCE - Health and Wellbeing

Useful Websites

A social story about Corona Virus - https://www.shakespeare.plymouth.sch.uk/social-story-for-covid-19/

What is Corona Virus? - Nosycrow.com - Free Online Book 'Coronavirus - A Book for Children'





PSHCE - Relationships

Useful Websites

 $\textbf{Wellbeing activities on:} \ \underline{\text{https://www.bbc.co.uk/bitesize/dailylessons}}$



Key Stage 1	Key Stage 2	Key Stage 3	Key Stage 4	Key Stage 5
Make friends to stick up at home – talk about what makes a good friend. Investigate similarities and	Talk about the feelings of characters in films/cartoons etc that you may watch. Can you find a happy character? Angry character? Etc.	Work together to make a family tree. If possible, talk to Aunts / Uncles / Grandparents to extend the tree.	Make a family diagram and prepare a guide book (words or pictures) on everyone's roles.	Agree / negotiate some new responsibilities around the home, e.g. putting out the rubbish.
differences within your family, e.g. hair colour, favourite foods etc. Display what you find out in different ways.	Make a family album. Make a diary about what you are doing (paper based or	List different types of relationships, e.g. brother and sister and play relationship bingo. Cross it off when you	Agree / negotiate some new responsibilities around the home, e.g. putting out the rubbish.	Plan and/or lead an activity for the family, e.g. a picnic in the lounge or garden.
Take time to share and talk about everyone's feelings.	video) to share with friends or family when we are able to meet again.	see that relationship in a film etc. Explore ways to persuade	Explore different situations with cartoons. Draw what happened (at home or in a film etc) with speech bubbles	Play 'what will happen next?' game. Whilst watching a film etc, pause and take turns to guess what will happen next
	Award / celebrate achievements of 'star of the day/week' within the family.	people, e.g. make a case for being allowed to have another piece of chocolate.	for what was said. Challenge one another to add a thought bubble and record what another person might have	or the consequences of an action.
		Explore why it is 'Good to be Me' - focus on different positives, e.g. family support, skills, interests. Make a portrait or book showing the positives discovered.	been thinking. Make a tool to communicate how you are feeling, e.g. a traffic light system.	Plant a seed and care for it.

PSHCE - Living in the Wider World

Useful Websites

Is there any good news? - <u>live.firstnews.co.uk/positivity-place/</u>

Is there anywhere that explains what is happening in a clear way? - bbc.co.uk/newsround



Key Stage 1	Key Stage 2	Key Stage 3	Key Stage 4	Key Stage 5
Make up a new game for the family to play - decide and share the rules with everyone. Shopping role play activities with money. Family votes for which movie to watch etc. Make choices about pocket money - spending in 'home' shop, saving, giving to charity.	Shopping role play activities with money. Listen to a news report and give your opinion on it. Make a news report (written, drawn, video) on an event in your home / street etc. Investigate the food chain for your dinner.	Debate a news item (with a family member deliberately picking the opposite point of view). Take on responsibility for sorting recycling rubbish at home. Complete a litter survey during any outdoor exercise times. E.g. tally what you see and make a poster about recycling / looking after the environment. Research a local charity and see if you could do something to help, e.g. a family fundraising event (money or making something).	Question a TV or You Tube advert. What is it trying to persuade me to do? Buy? Think? How is it trying to persuade me? Make a budget a family event, e.g. plan and budget a special dinner. Explore ways to improve home recycling, e.g. growing new vegetables from scraps - useful website: ruralsprout.com/regrow-vegetables/ Research the job of a local councillor or MP. Write a letter to them about an issue important to you.	Explore work experience you could gain at home, e.g. cooking, cleaning and garden maintenance. Write and update your CV with this experience. Practice your work and social skills, e.g. set up a cafe at home. Make a 'map' of key places in Milton Keynes that can help you, e.g. bus stops, hospital, colleges.